

Objective

Contact details

Name: Tatjana Paeck
E-Mail: paeck@bips.uni-bremen.de

Education

- Since October 2013:** University of Bremen, Germany
Course of Studies: Public Health/ Nursing Sciences
(Master of Arts)
- Major field of study: Healthcare research
- October 2010 – September 2013:** University of Bremen, Germany
Degree: Bachelor of Arts in Public Health/ Health Science
- Major fields of study: Health Promotion and Prevention: Health Counselling; Health Education; development, implementation and evaluation of health-related projects and campaigns; Case & Care management; Rehabilitation; Public Relations
- October 2006 – September 2009:** Professional Training in physiotherapy at the “School of Physiotherapy Annastift”, Hannover
Graduation/Professional Diploma: September 2009
- Bachelor course of studies in physiotherapy, occupational therapy and logopaedics at the University of Applied Sciences and Arts (HAWK), Hildesheim (Germany)
- August 1999 – June 2006:** German high school (Gymnasium Bremervörde) graduated with equivalent to five A-Levels (Abitur)

Work experience

- Since June 2014** Working Student at the research group for Evidence-Based Public Health, Leibniz-Institute for Prevention Research and Epidemiology BIPS GmbH (BIPS) in Bremen, Germany
- July 2013 – October 2013:** Internship at the Airbus Operations GmbH in Stade, Germany
Division: Occupational Integration Management
- Development and improvement of statistics and presentation
 - Introduction and practical implementation of an Airbus specialized Ergonomie-Tool
 - Process monitoring of the Occupational Integration Management (Information- and Case-Meetings)
 - Maintenance of the administration
 - Support with press activities
 - Organisation of appointments
 - Get to know the structure and organisation of the company
- October 2012 – February 2013:** Research-Internship at the George Institute for Global Health in Sydney, Australia
- Worked on a systematic review to answer the question “Are elders missing from low back pain clinical trials?”
 - Was involved in participant recruitment and assessments, data entry and any subsequent analyses.
 - As a team member I participated in team meetings and activities, research seminars and discussions on clinical research design, analysis, and interpretation.
- November 2011 – March 2012:** Physiotherapy Centre, H. Winninger in Bremen, Germany
Part-time position as assistant physiotherapist
- November 2009 – September 2010:** Rehab Centre Wandsbek in Hamburg, Germany

Physiotherapist

- Working areas included surgery, orthopaedics, neurology, functional training, and medical therapy
- Responsible for planning, organisation and accomplishment of single and group therapy as well as prevention groups
- Worked as part of an interdisciplinary team consisting of physio-, occupational and children therapists
- Close contact and high empathy to my patients to understand their problems and needs

February 2007 – present

Marketing, Promotion positions

- Diverse jobs in service and catering, sampling, product presentation, exhibition and fair hosting, and guest and child care
- Used this knowledge for company parties, birthday parties, weddings, exhibitions, conferences and fairs.
- Worked under pressure in a busy team and gained experiences how to deal tactfully and professional with occasionally difficult customers
- Developed independent as well as team working abilities and acquired advanced time management, presentation and organisational skills
- Learned how to identify with and adapt to changing work situations and environments
- Accomplishing tasks assiduously, with a lot of fun and always aiming at perfect customer satisfaction

Additional Skills and Personal Interests

Publikation:

Paeck, T., Ferreira, M. L., Sun, C., Lin, C.-W. C., Tiedemann, A., & Maher, C. G. (2013). Are older adults missing from low back pain clinical trials? – A systematic review and meta-analysis. *Arthritis Care & Research*, n/a-n/a. doi: 10.1002/acr.22261

Language skills:

German: Native language
English: fluent in both spoken and written English: lived and worked for half a year in Sydney, Australia, Bachelor dissertation written in English
French: basics

October 2011 - February 2012

“English for Academic Purposes”:

April - July 2012

“English for Public Health Scientists”

Participation in these English courses at the University of Bremen

IT-Skills:

Experienced user of Microsoft Office Package
Semester course in SPSS during the Bachelor's courses
Semester courses in SAS during the Bachelor's and Master courses
Experienced user of reference manager “End-Note” and “Refworks”

Voluntary work:

April 2011 - April 2013

Students' self-governance - Public Health/ Health Science (Bachelor of Arts) at the University of Bremen

August 2014 – November 2014

“Initiative Group against Blood Cancer”

Organisation of a typification campaign for the “German Bone Marrow Donor Center” (DKMS) at the University of Bremen

Training courses in Physiotherapy

February 2009 - February 2011

Therapeutic Taping (Kinesio)

Manuel Lymphatic Drainage

Physiotherapy on resistance machines

B Trainer Licence in rehabilitation sports - orthopaedics

Special interests:

running, skiing, travelling